

STOP TREATING POOR MENTAL HEALTH AS "BAD BEHAVIOUR"



THERE IS A DIFFERENCE.

Educate yourself.

Educate your company.

Know the difference — it's probably not what you think.



Stop Being Part of the Problem

Too often, behaviours linked to stress, burnout, anxiety, or neurodivergence are dismissed as laziness, poor attitude, or lack of discipline.



Stop just ticking boxes.



Start being part of the solution.

This misunderstanding doesn't solve anything it drives good people out of your organisation.



Why It Matters

- Misunderstanding mental health costs companies staff, reputation and revenue.
- Supporting employees builds loyalty, trust and engagement.
- Compassionate workplaces save money by reducing turnover, absences and performance issues.



The Bottom Line

Learn more about creating a workplace where men can thrive:



www.thisisjacksplace.com

Brought to you by Jack's Place – Advocating for Men's Mental Health and Neurodivergent Awareness.